AUGUST

29

# 2026 PARISH RETREAT ON CONTEMPLATION & MYSTICISM

## The Farm, 10am—3pm

Have you been feeling overwhelmed by life's busyness, or are you seeking mental clarity, emotional resilience, or a deeper spiritual meaning? Join the Knights of Columbus and our host, Dr. Andrew McGovern, for a respite from daily life to engage in higher contemplative prayer, reflect quietly, and deepen your own spirituality through the wisdom of St. John of the Cross.

Cost to attend: $12 per person. Lunch will be provided.

**2324 WHITE RD NE, CONYERS, GA 30012**

Dr. Andrew McGovern is a Catholic Theologian and Thomist. He specializes in Spiritual Theology and Mariology. He has taught theology in various capacities for fifteen years and currently teaches at St. Mary's Academy in Fayetteville as well as in the Formation Program for the Permanent Diaconate and marriage preparation, both for the Archdiocese of Atlanta. He resides outside Atlanta with his wife, Kristina, and their seven children. You can find his spiritual writings at:

https://substack.com/@athomist

Recommended Reading: "The Ascent of Mount Carmel" by St. John of the Cross